



Schedule of Classes

dkfitnessarts.com/schedule

Summer/Fall Schedule

begins 8/1/2021

	Mon	Tue	Wed	Thu	Fri	Sat	Sun	
8am								
9		<div><div>FACE COVERINGS are RECOMMENDED but OPTIONAL if VACCINATED or with PARENT CONSENT <i>-thank you</i></div></div>				<div>Tiger Tots 9-9:30pm 30min</div>		
10						<div>Mighty Kickers 9:40-10:10am 30min</div>		
11						<div>All Belts 10:20-11:10 50min</div>		
12pm						<div>Special Program 11:20-12:20pm 60min</div>		
	Gear & Membership Cards Required for All Classes							
1						<div>Appointment Only</div> <div>Birthday Parties Special Events Private Instruction</div>		
2								
3								
4	<div>White/Yellow Belts 4:30-5:15pm 45min</div>		<div>White/Yellow Belts 4:30-5:15pm 45min</div>	<div>Mighty Kickers 4:30-5pm 30min</div>	<div>PreKiX 4:15-5pm 45min</div>			
5	<div>Int Belts <i>plus</i> Orange Orange - Blue Belts 5:25-6:15pm 50min</div>	<div>Tiger Tots 5:05-5:35pm 30min</div>	<div>Int Belts <i>plus</i> Orange Orange - Blue Belts 5:25-6:15pm 50min</div>	<div>Tiger Tots 5:10-5:40pm 30min</div>	<div>White/Yellow Belts 5:10-5:55pm 45min</div>		<div>CLASSES MUST BE RESERVED A MINIMUM OF 4 HOURS BEFORE START USING: </div>	
6	<div>Advanced Belts Brown - Black Belts 6:25-7:15pm 50min</div>	<div>Mighty Kickers 5:45-6:15pm 30min</div>	<div>Advanced Belts Brown - Black Belts 6:25-7:15pm 50min</div>	<div>White/Yellow Belts 5:50-6:35pm 45min</div>	<div>Poomsae (Forms) 6:05-6:50pm 45min</div>			
7	<div>Adults 7:25-8:25pm 60min</div>	<div>Sparring 6:25-7:25pm 60min</div>		<div>Black Belt Club 6:45-7:45pm 60min</div>				
8		<div>Competition Team 7:30-8:30pm 60min</div>		<div>Masters Club 7:45-8:15pm 30min</div>	<div>Appointment Only</div> <div>Birthday Parties Special Events Private Instruction</div>			
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